

## Meet the Team



Rachel Zammit  
Head of Public Health



Nicola Haworth  
Business Support Officer



Frances Underhill  
Public Health &  
Wellbeing Officer



Ruth Philp  
Public Health &  
Wellbeing Officer



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Public Health &  
Wellbeing (Volunteer)



Andrew Bennett  
Public Health &  
Wellbeing (Associate)

## Be an Ambassador

### Committed to Communities

The Ambassador *Induction* and *Training* are **free of charge** for those that live, work or play in *Cheshire East* and *Cheshire West* and *Chester*.

**If you would like to make contact with any of the team to discuss how to book on to an Ambassador Induction Session then please contact:**

Cheshire Living Well Dying Well Partnership  
Public Health and Well Being Team  
Winterley Grange  
Unit 8, Wheelock Heath Business Court  
Alsager Road, Winterley  
Sandbach, Cheshire  
CW11 4RQ

**Tel:** 01270 758120

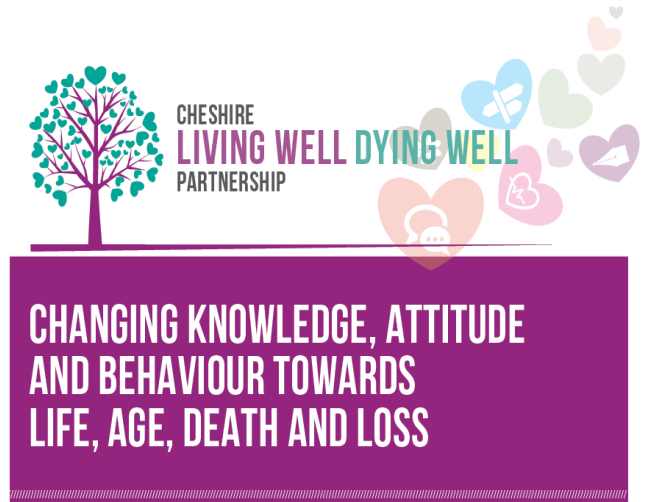
**Fax:** 01270 758126

[www.cheshirelivingwelldyingwell.org.uk](http://www.cheshirelivingwelldyingwell.org.uk)

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## Community Ambassador

### Programme

**Building compassionate and resilient communities**

## What is an Ambassador?

The Cheshire Living Well Dying Well Partnership Ambassadors are trained and supported to engage, inspire and empower people in their communities to think about, talk about and take action in relation to life, age death and loss.

### Becoming an Ambassador requires the following:

- Live, work or play in Cheshire
- Be 18 years or over
- Register your interest
- Attend a half-day induction session
- Sign up to do something practical
- Tell us about the great work you do

Ambassadors are not traditional volunteers who provide a set amount of time per week. They commit to do something practical, complete it in their own time and let us know what they have done. As an Ambassador you can work at a proactive level that suits your lifestyle.

## What does an Ambassador do?

A Cheshire Living Well Dying Well Ambassador promotes five key steps:

- Talking to loved ones
- Wills and financial planning
- Planning future care
- Funeral planning &
- Considering organ donation

**Ambassadors** actively incorporate Cheshire Living Well Dying Well into everyday family, community or workplace situations.

Ambassadors may:

- Talk with friends and colleagues about the Cheshire Living Well, Dying Well, Partnership
- Distribute leaflets and posters
- Run a community session
- Signpost people to further sources of information and advice
- Support the community to use the 'My Wishes Folder' resource
- Take a personal or professional pledge

## What are the Benefits of Being a CLWDW Ambassador!

As an Ambassador you will receive the following support:

- Ambassadors half-day induction
- Ambassadors half-day annual meeting
- Access to Ambassador online resources, support & further training programme
- A CLWDW point of contact to keep you connected
- A badge, certificate and handbook
- Opportunities to attend events to express the views of CLWDW

### How do I Become an Ambassador?

Reserve a place on an induction session (dates are on our website) or call to talk to a member of the team 01270 758120. A Cheshire Living Well Dying Well Partnership team member will support you through the induction process and give you the support and training you need to become an Ambassador.

