

# GNOSALL CARNIVAL 2015 (SPORT-A-HOLIC)



## TUG-O-WAR COMPETITION RULES AND ENTRY FORM

This is a 8 team contest, consisting of six members per team and one coach (the coach is allowed to encourage the team to pull as and when required!)

The competition will be a 3 pull knock-out with each team having 3 attempts against their opposition, before going through to the next round.

The teams entering the competition will compete through a four round event with the best two teams pulling for 1<sup>st</sup> and 2<sup>nd</sup> place in the Gnosall Tug-O-War Trophy. The losing semi-finalists will pull for 3<sup>rd</sup> and 4<sup>th</sup> place.

The competition will commence with a draw at 2.30 p.m. where each team's name will be put in a hat and drawn out for each round.

The first two rounds will take place in the Tug-O-War Arena. The pulls for 3<sup>rd</sup> and 4<sup>th</sup> place and for 1<sup>st</sup> and 2<sup>nd</sup> place will be held in the main Arena.

There will be no weigh-in for this competition. Before each round, teams and coaches will be asked to assess each other's teams and agree on team sizes and weights. The Judge will offer each team the opportunity to accept or reject their opponent's team. If accepted, the competition will commence. If rejected the reason must be given. The Judge will then **make a final decision** and the competition will commence. The Judge's decisions include changes of pull length for one side, reduction of a pull team to balance out teams, and the addition of an extra member to a pull team to balance out teams.

**Please note that the Judge's decision is final and teams are reminded that this is a friendly competition and fairness should be the key to every team's entry.**

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## GNOSALL CARNIVAL TUG-O-WAR COMPETITION ENTRY FORM

Team Name \_\_\_\_\_

Contact/Coach \_\_\_\_\_ Telephone no. \_\_\_\_\_

Team Members:

Reserve	Reserve	Reserve

Please complete and return to Katy Palmer at the Bakery Warf Rd Gnosall

Or email it to [lyn-powell@hotmail.co.uk](mailto:lyn-powell@hotmail.co.uk)

